



# STINGRAY SWIM PROGRAMS

## Games Program



(Level 4/5 and up)

### 2023 Winter Registration Form

Parent Name: \_\_\_\_\_ VIGCC member number: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Parent attending class: \_\_\_\_\_

Swimmer: \_\_\_\_\_ Age \_\_\_\_\_ Swimmer: \_\_\_\_\_ Age \_\_\_\_\_

Your payment secures an instructor for the session. Payment must accompany registration to be enrolled. All classes registered for are final payment, no refunds. Payment can be made with credit card via phone to the VIGCC. 206-463-9410 ext. 1 or mailed to: 24615 75<sup>th</sup> Ave SW Vashon, WA 98070

**Lessons are ½ hour in length. Missed classes are not reimbursed. Payment of a minimum of 3 classes to join. Circle the dates that you are attending. Saturdays at 11:00**

**3 classes = \$46, 4 classes = \$61, 5 classes = \$76, 6 classes = \$92, 7 classes = \$107,  
8 classes = \$122, 9 classes = \$137, 10 classes = \$152, 11 classes = \$168**

- 1/7 – Long Axis Foundations/Silly Contests
- 1/14 – Short Axis/Water Polo
- 1/21 – IM/Silly Races
- 1/28 – Endurance/Capture the Flag
- 2/4 – Blocks & Walls/Training Time & Relays
- 2/11 – T-30 & Dryland Games
- 2/18 – Pool Safety/Aqua Quidditch
- 3/4 – Scuba, Skin Diving & Open Water Day
- 3/11 – CPR/First Aid/Goalsetting & Visualizations
- 3/18 – Core & Shoulders/Dance (Synchro & Aqua-Zumba)
- 3/25 – Mini Triathlon/Swim Party

Vashon Island Golf and Country Club Swim Lesson Waiver: All exercises and use of all facilities shall be undertaken and at your own risk. VIGCC Shall not be liable for any claims, demands, injuries, damages, actions, or causes of action whatsoever to person or property arising out of acts or passive negligence on the part of the VIGCC, its servants, agents, or employees.  
PARENT/PARTICIPANT HAS READ THIS CLAUSE AND UNDERSTANDS ITS

TERMS Parent/Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Total Classes circled** \_\_\_\_\_ **Total Paid** \_\_\_\_\_ **Payment method** \_\_\_\_\_