

VIGCC 2025 Pool Schedule through June 22nd, 2025

Revised 5/28/25

Time	Sunday	Monday	Tues	Wed	Thurs	Friday	Sat
6:30 AM	Lap Swim & Adult Swim 17 & older Unguarded	Lap Swim & Adult Swim 17 & older Unguarded	Lap Swim & Adult Swim 17 & older Unguarded	Masters 5:30-6:30am	Lap Swim & Adult Swim 17 & older Unguarded	Masters 5:30-6:30am	Lap Swim & Adult Swim 17 & older Unguarded
7:00 AM				Lap Swim 17 & older Unguarded		Lap Swim 17 & older Unguarded	
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM	Open Family Swim Guarded 12-5pm						Open Family Swim Guarded 12-5pm
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM		Stingray Team Practice & Swim Lessons 4-6pm	Stingray Team Practice & Swim Lessons 4-6pm	Stingray Team Practice & Swim Lessons 4-6pm	Stingray Team Practice & Swim Lessons 4-6pm		Lap/Adult Swim 17+ Unguarded 5-8pm
5:30 PM		Lap/Adult Swim 17+ Unguarded 6-8pm	Lap/Adult Swim 17+ Unguarded 6-8pm	Lap/Adult Swim 17+ Unguarded 6-8pm			
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							

Pool Closes at 8:00 pm

Interested in summer swim lessons?

4 sessions available between 6/30-8/21!



Sessions are each 2 weeks long (M-Th).

Register online, or visit the office
(across the parking lot in the Pro Shop).

www.vashongolfandcountryclub.com

Welcome Members!

Please check in upon arrival (see binder inside).

You can use your full name or your member #.

Remember, there is a \$5 drop-in fee per guest.

Adult Swimming Programs:

Masters Swimming: For experienced swimmers
W/F 5:30-6:30am, Sa 8:30-9:30am

Free for members! (non-members pay \$10/class)
Sign up in the office (call or email) before 1st class.

Coming soon - Learn to Swim (Better)!

For adults who want to learn how to swim laps.

Questions? Call the office at (206) 463-9410x1 or email vgscmembership@gmail.com