

VIGCC 2024 Extended Pool Schedule: January 1st - April 27th

Revised 03/25/24

| Time | Sunday | Monday | Tues | Wed | Thurs | Friday | Sat | |
|----------|--|--|--|--|--|--|-------------------------------------|---|
| 7:00 AM | Lap Swim & Adult Swim 17 & older Unguarded | Lap Swim & Adult Swim 17 & older Unguarded | Lap Swim & Adult Swim 17 & older Unguarded | Masters 5:30-6:30 | Lap Swim & Adult Swim 17 & older Unguarded | Lap Swim & Adult Swim 17 & older Unguarded | Lap Swim & Adult Swim 17 & older | |
| 7:30 AM | | | | Aqua Fitness 8:00-9:00 | | | | Masters 8:30-9:30 Li'l Ray & Baby Ray Lessons 9:30-12:00 Open Swim Guarded 12:00-5:00 Adult Swim 17 & older Unguarded |
| 8:00 AM | | | | Lap Swim & Adult Swim 17 & older Unguarded | | | | |
| 8:30 AM | | | | | | | | |
| 9:00 AM | | | | | | | | |
| 9:30 AM | | | | | | | | |
| 10:00 AM | | | | | | | | |
| 10:30 AM | | | | | | | | |
| 11:00 AM | | | | | | | | |
| 12:00 PM | | | | Open Swim Guarded 12:00-5:00 | | | | |
| 1:00 PM | | | | | | | | |
| 2:00 PM | | | | | | | | |
| 3:00 PM | Li'l Ray Swim Lessons & Stingray | Li'l Ray Swim Lessons & Stingray | Li'l Ray Swim Lessons & Stingray | Li'l Ray Swim Lessons & Stingray | | | | |
| 4:00 PM | | | | | | | | |
| 5:00 PM | | | | | | | | |
| 5:30 PM | Adult Swim 17 & older Unguarded | Swim Team 3:00-6:30 | Swim Team 3:00-6:30 | Swim Team 3:00-6:30 | Swim Team 3:00-6:30 | | | |
| 6:00 PM | | Adult Swim 17 & older | Synchronized 6:00-7:00 | Adult Swim 17 & older | Adult Swim 17 & older | | | |
| 7:00 PM | | | | | | | | |
| 8:00 PM | | | | | | | | |

Pool Closes at Dusk

Please note: Guarded family swim will be weather & staff dependent.
 Open Family Guarded Swim will be Saturday - Sunday. Opening times may be changing as well.
 Please check the calendar for times. **Remember to bring your pool key fob for entry.**

Our NEW "Aqua Fitness" class will start Wednesday, April 3rd, 8am - 9am and continue through the month of April. This is a drop-in class, open to the public with a \$10 introductory rate paid at the door.